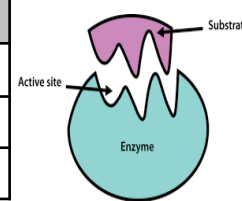


**Specialised cells**  
Sperm, nerve, muscle (animal), root hair, xylem, phloem (plants)

**B1**

**Tissue:** a group of cells with similar function, **Organs** are aggregations (clusters) of tissues performing similar functions

Enzyme	Made in...	Reaction
<b>Amylase</b>	Mouth, Pancreas, Small intestine	Starch → sugar
<b>Protease</b>	Stomach, Pancreas, S. intestine	Protein → aa
<b>Lipase</b>	Pancreas, Small intestine	Fats → fatty acids + glycerol

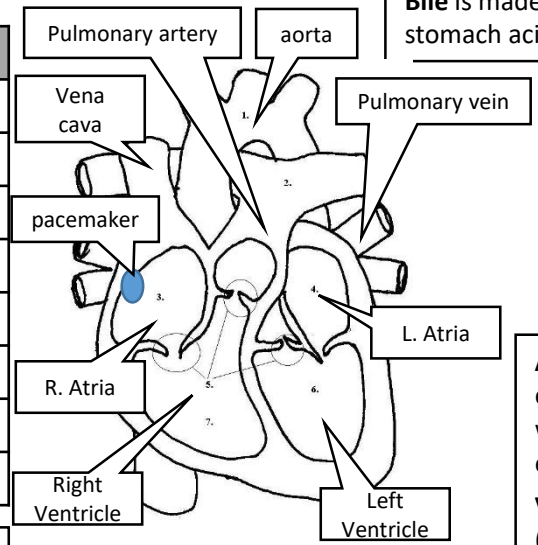


**Enzymes are biological catalysts for specific reactions** due to the shape of their active site like a "lock and key"

Small molecules are absorbed into the blood stream and used to build new carbohydrates, lipids and proteins. Glucose is used for Respiration

**Bile** is made in the liver and stored in the gall bladder. It is alkaline to neutralize stomach acid and breaks down fat into smaller droplets to increase surface area.

Sub cellular structure	Function	A	P	B
<b>Nucleus</b>	Controls activities of cell, contains DNA	Y	Y	
<b>Cytoplasm</b>	Site of chemical reactions	Y	Y	Y
<b>Cell membrane</b>	Controls what enters and exits cells	Y	Y	Y
<b>Mitochondria</b>	Site of respiration, where energy is released	Y	Y	
<b>Ribosome</b>	Site of protein synthesis	Y	Y	Y
<b>Cell Wall</b>	Gives cell strength, made of cellulose		Y	Y
<b>Permanent vacuole</b>	Contains cells sap		Y	
<b>Chloroplast</b>	Site of photosynthesis		Y	



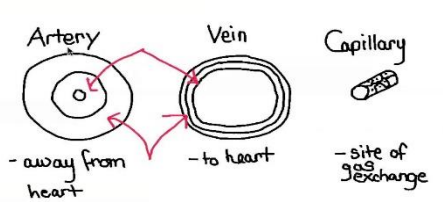
Blood travels from the body organs to the heart through from the **vena cava vein, right atrium, right ventricle, pulmonary artery** to the lungs. It returns from the lungs via the **pulmonary vein, left atria, left ventricle** and then is pumped to the body through the **aorta** artery.

The natural heart rate is controlled by the **pacemaker** cells. Artificial pacemakers are electrical devices that correct irregular heart rates

**Arteries** carry blood away from heart (oxygenated except pulmonary artery), they have thick walls with a layer of muscle to resist high pressures, elastic fibres to allow stretch.

**Veins** carry blood to the heart at low pressure (deoxygenated except pulmonary vein), they have thin walls and **valves** to prevent back flow.

**Capillary** walls are only one cell thick to allow fast rate of diffusion



**Blood** is a tissue that contains red blood cells (to carry oxygen), **white blood cells** (to produce **antibodies**) and **platelets** (clotting) suspended in **plasma** (carries cells, proteins, carbon dioxide, glucose, urea)

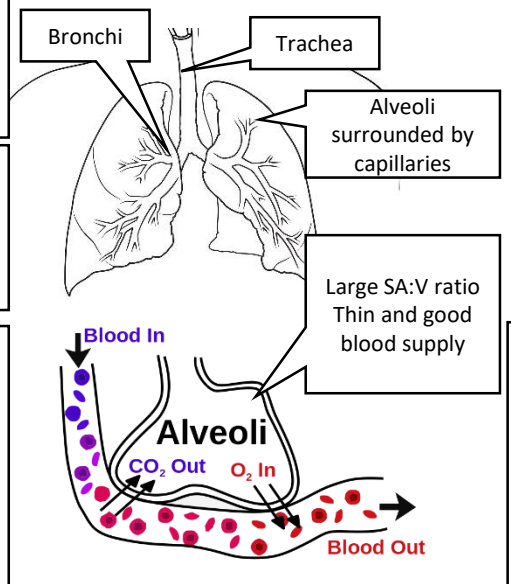
**Microscopes**  
Electron microscopes have higher **magnification** and **resolution** than light microscope. This allows us to see sub cellular structures e.g. mitochondria  
**Magnification = Image size / Real object size** 1000µm in a 1mm

**Cell cycle:** DNA and sub-cellular structures are first **replicated**, **Mitosis** is for growth and repair of cells. One set of chromosomes moves to each pole of cell. It happens in almost all body cells. You get **2 genetically identical daughter cells** (1 division)

**Stem cell** are undifferentiated cells that can change to specialised cells  
Embryonic stem cells can change into any cell type e.g. nerve, muscle  
Adult stem cells can only change to limited cell types (bone marrow → blood cells)  
Plant meristem cells (found in root and shoot tip) can change though out their life

**Uses:** **Therapeutic cloning** is when an embryo is produced with the same DNA as patient – can treat paralysis, diabetes, burns. They do not get rejected by patients body.  
**Plant meristem** can be used to make plant clones very quickly – good for rare plants or crops with desirable features such as disease resistance or high yield

**Problems:** Embryos discarded- ethical or religious objections, some risk of transferring viral infections (viruses sometimes used as a vector)



**Artificial blood products** do not need to be refrigerated and does not need to be a blood type match, but is expensive, does not carry as much oxygen and does not mix well with real blood

**Biological replacement valves** cause less damage to red blood cells but harden after a few years so more operations required.

**Mechanical valves** last a life time but can damage RBC and require the patient to take anti-clotting drugs to thin the blood. **Artificial hearts** can be used for short periods of time

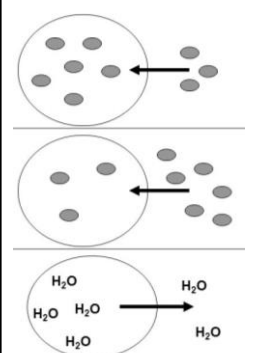
**Coronary Heart Disease** involves layers of fatty material narrowing the coronary arteries.

**Stents** keep the artery open.  
**Statin** drugs reduce blood cholesterol levels which slows the rate of build up but are not suitable for people with liver disease

**Active Transport** - movement of particles from **low → high** concentration requiring **energy** e.g. mineral ion uptake in plant roots or sugar molecules in small intestine

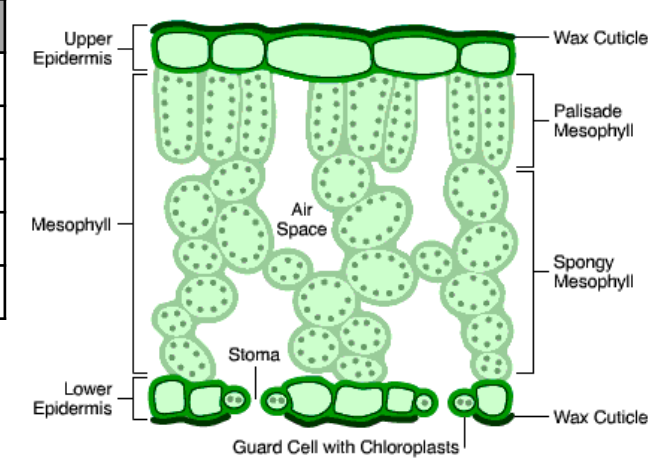
**Diffusion** – movement of particles from **high → low** concentration. E.g. oxygen entering cell for respiration. Greater the **concentration gradient**, higher temperature and larger surface area = faster diffusion

**Osmosis** is diffusion of water **from high → low concentration OF WATER** through partially permeable membrane

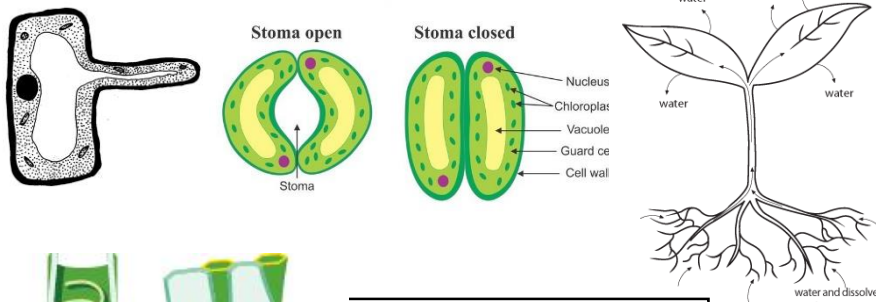


Plant tissue	Function
<b>Epidermal</b>	Covers organ e.g. leaf, stem, root
<b>Meristem</b>	Site of growth in root and shoot tips
<b>Xylem</b>	Transports water and mineral ions
<b>Phloem</b>	Transports sugar
<b>Mesophyll</b>	Site of photosynthesis (spongy and palisade)

**Diffusion examples**  
The small intestine villi, alveoli in lungs, gills in fish, root hair cells and leaves of plants are all adapted for quick diffusion and exchange of materials by having **large surfaces areas, thin membranes and good blood supply (animals)**



**Root hair cells** are adapted for efficient uptake of water by osmosis and mineral ions by active transport  
**Stomata and guard cells** are to control gas exchange and water loss  
 Xylem tissue transports water and mineral ions from the roots to the stems and leaves. It is composed of hollow tubes strengthened by lignin adapted for the transport of water in the **transpiration** stream



**Transpiration rate** is increased due to high temperatures (particles have more kinetic energy), **low humidity** and **high wind** (greater concentration gradient) and **high light intensity** (stomata only open when high light levels to conserve water at night)



**Xylem** **Phloem**

The movement of food molecules through **phloem** tissue is called **translocation**. Phloem is composed of tubes of elongated cells. Cell sap can move from one phloem cell to the next through pores in the end walls.

**Orders of Magnitude** – A leaf is 0.1m long and a cell is 0.0001m long =  $0.1/0.0001 = \times 1000 = 10^3$   
 So **3 orders of magnitude**

**Health** is a state of physical and mental well being.  
 Different types of **communicable and non-communicable** diseases interact e.g. viruses can cause cancers, physical ill health can lead to depression.

**Pathogens** are microorganisms that cause infectious disease. Pathogens may be **viruses, bacteria, protists or fungi**.  
 Bacteria may produce **poisons** (toxins) that damage tissues and make us feel ill. Viruses live and reproduce inside cells, causing cell damage

**Benign tumours** are growths of abnormal cells which are contained in one area, usually within a membrane. They do not invade other parts of the body.  
**Malignant tumour** cells are cancers. They invade neighbouring tissues and spread to different parts of the body in the blood where they form secondary tumours. Cancers are caused by both lifestyles and genetic risk factors

Disease	Symptoms	Transmission
<b>Measles (V)</b>	Fever and red skin rash	Inhalation of droplets from sneezes and coughs
<b>HIV (V)</b>	Flu like initially and the immune system stops working and progresses to AIDs	Exchange of body fluids
<b>TMV (V)</b>	Leaves discoloured in a mosaic pattern – less photosynthesis	Direct contact plant to plant
<b>Salmonella (B)</b>	Fever, abdominal craps vomiting, diarrhea	Food poisoning
<b>Gonorrhoea (B)</b>	Green discharge from vagina or penis and pain when urinating	Sexually transmitted, treated with penicillin
<b>Rose Black Spot (F)</b>	Black and purple leaf spots, leaves turn yellow – less photosynthesis	Spread by water or wind
<b>Malaria (P)</b>	Recurrent fevers, can be fatal	Mosquito vectors

Non-specific human defences include skin, nose hair, stomach acid, mucus production in the trachea and bronchi

**White blood cells** have three methods to defend against pathogens: **phagocytosis** (engulfing and destroying the pathogen), **antibodies** and **antitoxins**



**Vaccination** involves introducing small quantities of dead or inactive forms of a pathogen into the body to stimulate the white blood cells to produce **antibodies**. If the same pathogen re-enters the body the white blood cells respond **quickly** to produce the **many** of the correct antibodies, preventing infection. **Memory cells** created

**Antibiotics**, such as penicillin, are medicines that help to cure **bacterial disease**, first developed in the 1940s. Antibiotics cannot kill viral pathogens. Penicillin was discovered by **Alexander Fleming** from mould.

**Painkillers** and other medicines are used to treat the symptoms of disease but do not kill pathogens (from willow trees)

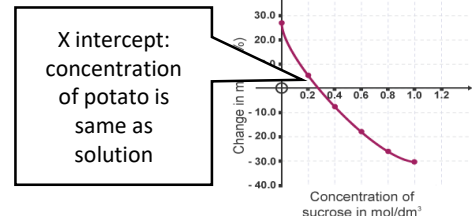
**Digitalis** heart drug is from fox gloves plant

Molecule	Food Test	Result
<b>Starch</b>	Iodine	+ Black - Orange
<b>Sugar</b>	Benedict with heat	+ Brick red - Blue
<b>Protein</b>	Biuret	+ Purple - Blue
<b>Lipid</b>	Emulsion test – ethanol and shake	+ Cloudy

**Drug testing** Cells → Animals → human volunteers  
**Check dose, efficacy and toxicity**  
**Preclinical** testing is done in a laboratory using cells, tissues and animals. **Clinical** trials use healthy volunteers and patients. Low doses to check safety then extend trials to check for optimum dose.  
**Double blind trials** involve giving some patients a **placebo** (substance with no medicine, all other variables in trial must be kept the same).

**RP1: Microscopes** - This sample to allow light through, total magnification = objective lens x eyepiece lens  
**RP2: Osmosis** - IV: Concentration, DV: percentage change in mass, CV: Surface area of potato, temperature, same potato, time  
 In pure water the potato will gain mass, in concentrated solution it will lose mass due to osmosis

**RP3: Food tests**  
**RP4: Enzymes**  
 IV: pH, DV: Time taken for starch to be converted to sugar by Amylase, CV: Temperature, Volumes of starch and enzyme  
 As the pH moves away from the optimum, the active site loses its shape and can no longer fit the substrate



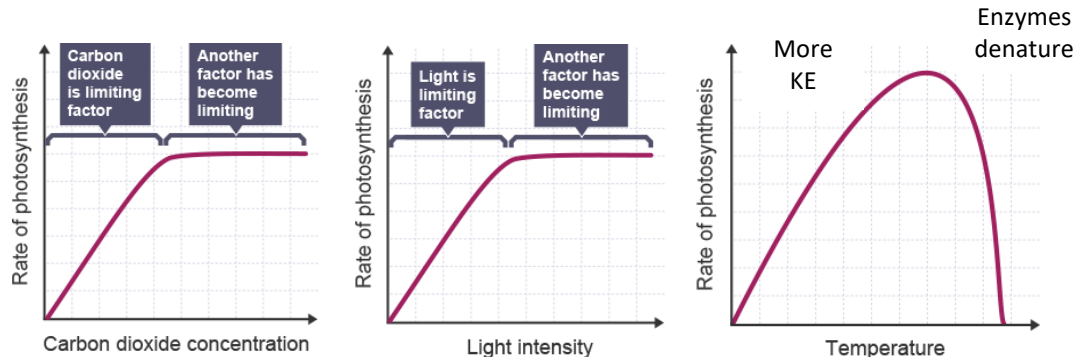
$$\text{Light intensity} \propto \frac{1}{\text{Distance}^2}$$

**RP5: Photosynthesis**  
 IV: Light intensity (distance of lamp from pond weed), DV: Number of bubbles of oxygen, CV: Type and length of pondweed, colour of light, carbon dioxide available, temperature

**Photosynthesis:** Carbon dioxide + Water → Glucose + Oxygen

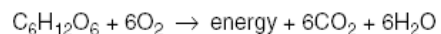


Limiting Factors: Light, carbon dioxide, temperature



Measuring photosynthesis – count bubbles of oxygen or starch test (iodine solution goes black)  
 Glucose used to make starch, fats and oils for storage, cellulose (for cell wall strength) and amino acids for protein. Nitrates also needed to proteins (absorbed by roots)

**Aerobic Respiration:** Glucose + Oxygen → (Energy) + Carbon dioxide + Water



**Energy** is used for movement, keeping warm and building molecules (e.g. making starch and cellulose in plants or glycogen in animals, forming lipids or proteins)

**Exercise** increases the heart rate and rates and depth of breathing, blood flows faster, increasing supply of sugar and oxygen to muscles. Glycogen broken down into glucose.

**Anaerobic respiration** does not use oxygen. Build up of lactic acid causes muscle fatigue. Less energy released too. **glucose → lactic acid (+ energy)**

**Oxygen debt** is the amount of extra oxygen the body needs after exercise to react with the lactic acid and remove it from the cells. Blood flowing through the muscles transports the lactic acid to the liver where it is converted back into glucose.

**Fermentation** is anaerobic respiration in plants and yeast **glucose → ethanol + carbon dioxide**  
 It is used to make bread and alcoholic drinks