

What's for lunch this week?

Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Lamb Mince & Vegetable Pie	Sweet & Sour Chicken	Roast Lamb	Chicken Tikka Masala	Battered Cod
Vegetarian Main Meal	Vegetable Pie	Vegetarian Sweet & Sour	Vegetable Tart	Vegetable Masala	Macaroni Cheese
Carbs	New Potatoes	Aromatic Rice	Roast Potatoes	Basmati Rice & Naan Bread	Chunky Chips
Vegetable Sides	Savoy Cabbage	Fine Green Beans	Cauliflower	Mixed Leaf Salad	Baked Beans
Dessert	Jam Sponge	Chocolate & White Chip Sponge	Apple Pie	Chocolate Chip Sponge	Fresh Fruit