

What's for lunch this week?

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Lamb Goulash	Chicken & Veg Pie	Roast Turkey	Chicken Madras	Battered Cod
Vegetarian Main Meal	Vegetable Goulash	Cauliflower cheese	Vegetable Tart	Vegetable Madras	Macaroni Cheese
Carbs	Creamed Potatoes	Roasted New Potatoes	Roast Potatoes	Basmati Rice & Naan Bread	Chunky Chips
Vegetable Sides	Cauliflower	Button Sprouts	Broccoli	Mixed Leaf Salad	Baked Beans
Dessert	Jam Sponge	Chocolate Sponge	Apple Pie	Lemon Sponge	Fresh Fruit