

What's for lunch this week?

Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Jerk Chicken	Shepherd Pie	Roast Chicken	Chicken Tikka Masala	Battered Cod
Vegetarian Main Meal	Spicy Vegetable Stew	Vegetarian Cobbler	Quorn Log	Vegetable Curry	Macaroni Cheese
Carbs	Rice & Peas	Creamed Mashed Potato	Roast Potatoes	Basmati Rice & Naan Bread	Chunky Chips
Vegetable Sides	Mixed Leaf salad	Button Sprouts	Savoy Cabbage	Mixed Leaf Salad	Baked Beans
Dessert	Iced Sponge	Marble Cake	Apple Pie	Peach Crumble	Fresh Fruit