

# What's for lunch this week?

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Moroccan Chicken	Shepherd Pie	Roast Chicken	Chicken Madras	Battered Cod
Vegetarian Main Meal	Cajun Vegetables	Vegetable Cobbler	Vegetable Parcels	Vegetable Madras	Macaroni Cheese
Carbs	Cous Cous	Creamed Potatoes	Roast Potatoes	Basmati Rice & Naan Bread	Chunky Chips
Vegetable Sides	Fine Green Beans	Glazed Carrots	Savoy Cabbage	Mixed Leaf Salad	Baked Beans
Dessert	Chocolate chip Sponge	Chocolate Sponge	Apple Pie	Lemon Sponge	Fresh Fruit