

What's for lunch this week?

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Shepherd Pie	Barbecue Chicken	Roast Lamb	Butter chicken	Battered Cod
Vegetarian Main Meal	Vegetable Cobbler	Vegetarian Goulash	Vegetable Parcels	Chana Masala	Macaroni Cheese
Carbs	Creamed Mashed Potatoes	Jacket Wedges	Roast Potatoes	Basmati Rice & Naan Bread	Chunky Chips
Vegetable Sides	Fine Green Beans	Corn on the Cob	Brussel Sprouts	Mixed Leaf Salad	Baked Beans
Dessert	Lemon Sponge	Iced Sponge	Apple Pie	Chocolate Chip Sponge	Fresh Fruit