

# What's for lunch this week?

Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Cajun Chicken	Lamb Goulash	Roast Lamb	Chicken Saag Aloo	Battered Cod
Vegetarian Main Meal	Cauliflower Cheese	Vegetarian Casserole	Vegetable Parcels	Cauliflower Saag Aloo	Macaroni Cheese
Carbs	Jacket Potatoes	New Potatoes	Roast Potatoes	Basmati Rice & Naan Bread	Chunky Chips
Vegetable Sides	Roasted Vegetables	Broccoli	Brussel Sprouts	Mixed Leaf Salad	Baked Beans
Dessert	Cherry Pie	Lemon Sponge	Apple Pie	Chocolate Cake	Fresh Fruit