

What's for lunch this week?

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	BARBECUE CHICKEN	SPAGHETTI BOLOGNESE	ROAST LAMB	CHICKEN ROGAN JOSH	BATTERED COD
Vegetarian Main Meal	VEGETABLE STIR FRY	VEGETABLE BOLOGNESE	VEGETABLE TART	VEGETABLE ROGAN JOSH	MACARONI CHEESE
Carbs	SWEET POTATO FRIES	SPAGHETTI	ROAST POTATOES	BASMATI RICE & NAAN BRAD	CHUNKY CHIPS
Vegetable Sides	CORN ON THE COBB	MIXED LEAF SALAD	CAULIFLOWER	MIXED LEAF SALAD	BAKED BEANS
Dessert	PEACHES & ICE CREAM	CHOCOLATE FUDGE CAKE	APPLE PIE	CHOCOLATE CHIP ROCK CAKES	FRESH FRUIT